

# Your direct line to top doctors and therapists—24/7/365.

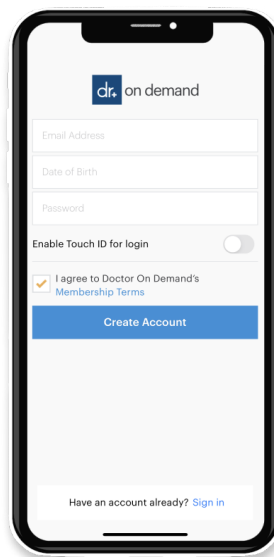
You've got anytime access to top doctors and therapists with Doctor On Demand by Included Health. Get treatment for 90% of all common ER complaints, from common colds to uncommon rashes. Plus, connect with a therapist or psychiatrist whenever and wherever you're comfortable.



1

## Get the app

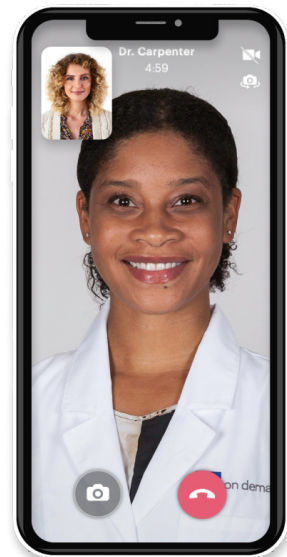
Download the Doctor On Demand app and activate your account. Make sure to enter your health insurance or employer for coverage.



2

## Find a top doctor or therapist.

Get help with your mental health and urgent care needs from anywhere you have an internet connection.



3

## Connect face-to-face on your phone.

Speak with your doctor or therapist right on your phone for help with all your health needs, mental and physical.

## Get started.

Go to [Doctorondemand.com/alabama](https://Doctorondemand.com/alabama)

